

ITALY — UNICAM

14 ORGANISATIONS

INSTITUTION	COUNTRY & CONTACTS (PREFERRING CERTIFIED CONTACT AND WEBSITE)	BRIEF DESCRIPTION	PROJECT ACTIVITY INVOLVEMENT
ASD Camerino Castelraimondo	CONTACT Contact: asdduecci@gmail.com Website: www.asdduecci.it/ Location and Country: Camerino (MC), Italy	ABOUT ASD Camerino Castelraimondo is an amateur sports club that promotes football and youth sports. The club fosters team spirit, sportsmanship and the active involvement of the local community.	ROLE IN THE PROJECT Their involvement includes active participation in the food survey activities and data collection under WP2, as well as in the post-development testing of the educational tools developed in WP4.
La Fornace Ludica	CONTACT Contact: lafornaceludicamoie@gmail.com Website: www.bibliotecalaforname.it/ Location and Country: Maiolati Spontini (AN), Italy	ABOUT La Fornace Ludica is a cultural association that promotes recreational, educational and social activities through play. The association organises events, workshops and social gatherings to encourage creativity, sharing and socialising among the population.	ROLE IN THE PROJECT Their involvement includes active participation in the food survey activities and data collection under WP2, as well as in the post-development testing of the educational tools developed in WP4.
Associazione Help S.O.S Salute e Famiglia ODV	CONTACT Website: associazionehelp.org Location and Country: San Severino Marche (MC), Italy	ABOUT Help S.O.S. Salute e Famiglia ODV, founded in 2016, is a voluntary organisation dedicated to safeguarding people's well-being and supporting families and the most vulnerable members of society. Through social, health, educational and cultural activities, it promotes prevention, solidarity and inclusion within the local community.	ROLE IN THE PROJECT Their involvement includes active participation in the food survey activities and data collection under WP2, as well as in the post-development testing of the educational tools developed in WP4.
Centro Universitario Sportivo Camerino - A.S.D.	CONTACT Contact: cuscamerino@unicam.it Website: www.cuscamerino.it/ Location and Country: Camerino (MC), Italy	ABOUT The Camerino University Sports Centre – A.S.D. promotes sport and physical activity within the university community and the local area. Through courses, tournaments and sporting initiatives, it fosters well-being, social interaction and the values of sport.	ROLE IN THE PROJECT Their involvement includes active participation in the food survey activities and data collection under WP2, as well as in the post-development testing of the educational tools developed in WP4.
Azienda Agricola VERO	CONTACT Contact: veronicapiccinini@cgn.legalmail.it Website: agricolavero.com/ Location and Country: Colmurano (MC), Italy	ABOUT VERO Farm is a farm dedicated to the breeding of donkeys and the production and sale of donkey milk. Using methods that prioritise quality and animal welfare, the farm produces a natural product with significant nutritional properties, intended for both human consumption and personal wellbeing.	ROLE IN THE PROJECT Azienda Agricola VERO is involved in providing donkey milk as a food matrix for the development of innovative fortified products under WP3 and supporting the project's market prospects (WP5).

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Istituto Comprensivo "N. Strampelli"	CONTACT Contact: mcic80200e@istruzione.it Website: icstrampelli.edu.it/ Location and Country: Pioraco (MC), Italy	ABOUT The N. Strampelli Comprehensive School, located in Castelraimondo, offers an educational programme covering nursery, primary and lower secondary education. The school promotes a well-rounded education, focusing on the cultural, social and personal development of local children.	ROLE IN THE PROJECT Their involvement includes active participation in the food survey activities and data collection under WP2, as well as in the post-development testing of the educational tools developed in WP4.
Sabelli S.p.A. Industria casearia	CONTACT Contact: martina.migliori@sabelli.it Website: www.sabelli.it/ Location and Country: Ascoli Piceno (AP), Italy	ABOUT Sabelli S.p.A. is an Italian dairy company that produces and sells cheeses and dairy specialities, drawing on local traditions and the quality of the region's raw materials.	ROLE IN THE PROJECT Their involvement supports the project's market prospects vision (WP5), in relation to the interest in the WP3 activities, aimed at the development of innovative fortified products
Comune di Pioraco	CONTACT Contact: info@comune.pioraco.mc.it Website: www.comune.pioraco.mc.it Location and Country: Pioraco (MC), Italy	ABOUT The Municipality of Pioraco is the local authority responsible for administering the Pioraco area, promoting services and cultural, social and tourism initiatives for the well-being of its residents and the development of the community.	ROLE IN THE PROJECT Their involvement includes active participation in the food survey activities and data collection under WP2, as well as in the post-development testing of the educational tools developed in WP4.
Carciofo di Montelupone biologico	CONTACT Contact: info@produttoricciofodimontelupone.it Website: www.carciofodimontelupone.it/ Location and Country: Montelupone (MC), Italy	ABOUT The organic Montelupone artichoke, cultivated in the hillside fields of Marche (Italy) without the use of irrigation or chemicals, is produced through a concise, collaborative supply chain that preserves its authenticity, flavour, and health benefits. This initiative not only enriches the land and its biodiversity but also transforms a local farming tradition into a representation of sustainable excellence and regional identity.	ROLE IN THE PROJECT Carciofo di Montelupone biologico is involved in providing local artichoke waste matrices used for the green inulin extraction method under WP3 activities, supporting the project's market prospects (WP5)
Istituto Professionale di Stato per l'Industria e l'Artigianato - / IPSIA "Ostilio Ricci", Fermo	CONTACT Contact: apri02000q@istruzione.it Website: www.ipsiafermo.edu.it/ Location and Country: Fermo (FM), Italy	ABOUT IPSIA Ostilio Ricci, based in Fermo, is a vocational college offering technical and practical training courses in the industrial and craft sectors, preparing students for entry into the world of work and the development of practical and professional skills.	ROLE IN THE PROJECT Their involvement includes active participation in the food survey activities and data collection under WP2, as well as in the post-development testing of the educational tools developed in WP4.

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CAI – Club Alpino Italiano, Camerino	CONTACT Contact: camerino@pec.cai.it Website: organizzazione.cai.it/sez-camerino/ Location and Country: Camerino (MC), Italy	ABOUT The Camerino branch of the Italian Alpine Club, to promote an understanding of and engagement with the mountains, whilst spreading the values of mountaineering, respect for the environment and a sense of community amongst local enthusiasts.	ROLE IN THE PROJECT Their involvement includes active participation in the food survey activities and data collection under WP2, as well as in the post-development testing of the educational tools developed in WP4.
ASP “A. Chierichetti” Gagliole (MC)	CONTACT Contact: aspgagliole@gmail.com Website: www.aspgagliole.it/ Location and Country: Gagliole (MC), Italy	ABOUT ASP A. Chierichetti, based in Gagliole, is a public social care organisation that provides care and social and health services, particularly for the elderly and vulnerable, promoting the well-being and quality of life of the community.	ROLE IN THE PROJECT Their involvement includes active participation in the food survey activities and data collection under WP2, as well as in the post-development testing of the educational tools developed in WP4.
Synbiotec S.r.l.	CONTACT Contact: synbiotec@unicam.it Website: www.synbiotec.com Location and Country: Camerino (MC), Italy	ABOUT Synbiotec S.r.l. is a company specialising in biotechnology and probiotics, dedicated to the research, development and production of supplements and innovative solutions for gut health and general wellbeing, with a focus on product quality and safety.	ROLE IN THE PROJECT Their involvement includes providing selected LABs for folate production, utilised for the fermentation of milk fortified beverages, supporting the project's market prospects (WP5)
Università della Terza Età dell'Alto Maceratese	CONTACT Contact: uteam3mc@gmail.com Website: www.uteam3.it/ Location and Country: San Severino Marche (MC), Italy	ABOUT U.T.E.A.M. promotes culture, education and social interaction through events and initiatives open to all. The association views leisure time as an opportunity for personal growth and the development of critical thinking.	ROLE IN THE PROJECT Their involvement includes active participation in the food survey activities and data collection under WP2, as well as in the post-development testing of the educational tools developed in WP4.

ITALY — UNIBAS

2 ORGANISATIONS

INSTITUTION	COUNTRY & CONTACTS (PREFERRING CERTIFIED CONTACT AND WEBSITE)	BRIEF DESCRIPTION	PROJECT ACTIVITY INVOLVEMENT
Frantoio Oleario F.Ili Pace, Pietragalla	CONTACT Contact: info@oliopace.it Website: www.oliopace.it/ Location and Country: San Nicola (PZ), Italy	ABOUT Based in Pietragalla in Basilicata Region (Italy), Frantoio Oleario F.Ili Pace blends family tradition with modern cold-extraction to produce premium Lucanian extra virgin olive oil, ensuring a fully controlled supply chain and authentic, high-quality selections.	ROLE IN THE PROJECT Frantoio Oleario F.Ili Pace, Pietragalla, is involved in providing extra virgin olive oil used for the preliminary trials for obtaining fortified EVOOs under WP3 activities, supporting the project's market prospects (WP5)
Frantoio Oleario F.Ili Carbone, / Tricarico	CONTACT Contact: info@fratellicarboni.it Website: www.fratellicarboni.it Location and Country: Tricarico (MT), Italy	ABOUT Based in Tricarico, in Basilicata Region (Italy), Frantoio Oleario F.Ili Carbone blends family tradition with modern cold-extraction to produce premium Lucanian extra virgin olive oil, ensuring a fully controlled supply chain and authentic, high-quality selections.	ROLE IN THE PROJECT Frantoio Oleario F.Ili Carbone, Tricarico, is involved in providing extra virgin olive oil used for experimental EVOO used for the fortified EVOOs under WP3 activities, supporting the project's market prospects (WP5)

SPAIN — URL

6 ORGANISATIONS

INSTITUTION	COUNTRY & CONTACTS (PREFERRING WEBSITE AND CERTIFIED CONTACTS)	BRIEF DESCRIPTION	PROJECT ACTIVITY INVOLVEMENT
Escola Canigó	CONTACT Contact: ferrangandol@gmail.com Location/Country: Carrer del Canigó, 35, 08960 Sant Just Desvern	ABOUT Escola Canigó is a primary school located in Sant Just Desvern, Catalonia. The school provides an educational environment centred on children's learning, personal development and active participation of the school community	ROLE IN THE PROJECT WP2 data collection
Escoles Jesuïtes	CONTACT Contact: Infermeres escolars Website: Location/Country: Diversos centres	ABOUT Escoles Jesuïtes refers to the network of schools coordinated by Fundació Jesuïtes Educació in Catalonia. The network promotes an innovative and student-centred educational model, with a strong focus on personal development, critical thinking and social responsibility.	ROLE IN THE PROJECT WP2 data collection
INS La Llauna	CONTACT Contact: patricia.utrera@lallauna.cat Location/Country: Carrer de Sagunt, 5, 08912 Badalona	ABOUT INS La Llauna is a public secondary school in Badalona offering compulsory secondary education and upper secondary studies. The centre is known for its educational work and its role within the local public school system.	ROLE IN THE PROJECT WP2 data collection

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Fundació Catalunya La Pedrera	CONTACT Contact: monica.duaigues@fcatalunyalapedrera.com Website: www.fundaciocatalunya-lapedrera.com/es	ABOUT Fundació Catalunya La Pedrera is a Catalan foundation that develops social, cultural, environmental and educational initiatives. Within its social programmes, it promotes activities linked to healthy ageing, memory support and quality of life for older adults and vulnerable populations. Public information identifies Mònica Duaigües as responsible for programmes related to dignified ageing and memory support.	ROLE IN THE PROJECT WP2 data collection
CEIP Les Aigües	CONTACT Contact: esclesaigues@xtec.cat Website: agora.xtec.cat/lesaigues/ Location/Country: C/ Manel Raspall, 95, 08440 Cardedeu	ABOUT CEIP Les Aigües is a public primary school located in Cardedeu, Catalonia. The school provides compulsory primary education and promotes a child-centred educational approach aimed at supporting pupils' academic, personal and social development within the local public school system	ROLE IN THE PROJECT WP4 data collection
Escuela Claret	CONTACT Contact: info@claretbarcelona.cat Website: www.claretbarcelona.cat/ca Location/Country: C/ Sant Antoni Maria Claret, 49, 08025 Barcelona, Spain	ABOUT Col·legi Claret Barcelona is a school in Barcelona offering education across multiple stages, from early years to upper secondary education. Its educational model emphasises students' academic, personal and social development, and presents itself as a school open to the local community and the wider world. The school also highlights international initiatives such as Erasmus+ and services, including its own school dining project.	ROLE IN THE PROJECT WP4 data collection

PORTUGAL — ESSL-IPL

20 ORGANISATIONS

INSTITUTION	COUNTRY & CONTACTS (PREFERRING WEBSITE AND CERTIFIED CONTACTS)	BRIEF DESCRIPTION	PROJECT ACTIVITY INVOLVEMENT
AMADança – Escola de Dança	CONTACT Contact: amadanca.geral@gmail.com Website: www.amadanca.com/ Location/Country: Rua Dr. Abel Varzim, n.º 5 Encosta do Sol, 2650-137 Amadora	ABOUT AMADança is a dance school based in Amadora, Portugal, that promotes access to dance as an art form and physical activity for people of all ages and backgrounds, from children to adults. The school offers classes in various styles, including ballet, contemporary dance, and hip-hop, in a welcoming, professional environment that values creativity, personal development, and community engagement.	ROLE IN THE PROJECT AMADança participated in the pilot testing of the questionnaires used in WP2. The Tool4MEDLife team also facilitated a food education session tailored to the dance context, focusing on promoting healthier and energising dietary habits that support physical performance and overall well-being.

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Agrupamento de Escolas Frei Gonçalo de Azevedo	CONTACT Contact: Maria Gabriela Moreira director@aefga.pt Website: esfga.pt/expnsitenovo/ Location/Country: Rua 1º de Maio, 2785-260 São Domingos de Rana	ABOUT The Agrupamento de Escolas Frei Gonçalo de Azevedo is a public school cluster based in São Domingos de Rana, Cascais, comprising six schools that serve students from pre-school through to secondary education. The cluster is actively engaged in European programmes such as Erasmus+ and is a member of the UNESCO Associated Schools Network, reflecting its strong commitment to global citizenship, multilingualism, and values-based education.	ROLE IN THE PROJECT The cluster was actively involved in the data collection of WP2. Students also participated in the testing of the board games developed in WP4. Additionally, a series of food education and Mediterranean Diet-promoting activities was carried out with students across the cluster.
Agrupamento de Escolas Eça de Queirós	CONTACT Contact: agrupamento@queiroz.pt Website: aeeq.weebly.com/ Location/Country: Rua Cidade Benguela, 1800-071 Lisboa	ABOUT The Agrupamento de Escolas Eça de Queirós is a public school cluster based in the Parque das Nações area of Lisbon, encompassing the Escola Secundária Eça de Queirós, Escola Vasco da Gama, and Escola Básica do Parque das Nações. The cluster is committed to innovative and inclusive education, actively engaging students in civic responsibility and cultural initiatives that foster critical thinking and active participation in society.	ROLE IN THE PROJECT The cluster participated in the data collection of WP2. Students were also involved in the testing of the board games developed in WP4, and food education and Mediterranean Diet-promoting activities were carried out with students across the cluster.
Agrupamento de Escolas Fernando Namora	CONTACT Contact: geral@aefn.pt Website: aefn.pt/ Location/Country: Avenida Ruy Luís Gomes, Brandoa, 2650-179 Amadora	ABOUT The Agrupamento de Escolas Fernando Namora is a public school cluster headquartered in Amadora, offering education from pre-school through to secondary level, including both academic and vocational pathways. The cluster is dedicated to training responsible, creative, and civic-minded individuals, and engages students in a wide range of educational, cultural, and social activities that support personal development and community integration.	ROLE IN THE PROJECT Agrupamento de Escolas Fernando Namora contributed to the data collection of WP2, supporting the project's research activities across its student population.
Agrupamento de Escolas D. Carlos I	CONTACT Contact: adcarlosi@adcarlosi.pt Website: adcarlosi.pt/ Location/Country: Rua Alecrim, 2710-348 Sintra	ABOUT The Agrupamento de Escolas D. Carlos I is a public school cluster located in the municipality of Sintra, whose mission is to provide a quality educational service grounded in citizenship, equity, and inclusion. With a strong emphasis on environmental education and active citizenship, the cluster is committed to the integral development of all its students, guided by the motto "No child will be left behind", ensuring that every learner, regardless of their background or circumstances, has the opportunity to succeed.	ROLE IN THE PROJECT Agrupamento de Escolas D. Carlos I contributed to the data collection of WP2, supporting the project's research activities across its student population.
Escola Bairro de São Miguel	CONTACT Contact: ebsaomiguel@aerdl.eu Website: nsite.aerdl.eu/index.php/aerdl/agrupamento/eb-sao-miguel Location/Country: Rua Jorge Ferreira de Vasconcelos 2, 1700-045 Lisboa	ABOUT The Escola Bairro de São Miguel is a primary school located in the Alvalade neighbourhood of Lisbon, currently welcoming students across pre-school and primary levels. With a strong commitment to environmental sustainability, as a participant in the Eco-Schools programme, and a tradition of community engagement, the school fosters a safe, inclusive, and stimulating learning environment for young children.	ROLE IN THE PROJECT The school participated in the data collection of WP2. Food education and Mediterranean Diet-promoting activities were also carried out with students, reinforcing the school's commitment to healthy lifestyles.

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Sintra Cresce Saudável	CONTACT Contact: raquel.ferreira@cm-sintra.pt Website: educacao.sintra.pt/ programas-e-iniciativas/ sintra-cresce-saudavel Location/Country: Largo Dr Virgílio Horta, 2714-501 Sintra	ABOUT Sintra Cresce Saudável is a community-based participatory project focused on the promotion of healthy lifestyles among primary school children in the Municipality of Sintra. Through a whole-school and community approach, it encourages physical activity, balanced nutrition, and health literacy from an early age. In 2019, the project was awarded second place in the EU Health Awards for Cities by the European Commission, in the category of childhood and youth obesity prevention.	ROLE IN THE PROJECT Sintra Cresce Saudável played a key stakeholder role in facilitating the project's connection with the Agrupamento de Escolas D. Carlos I and the Câmara Municipal de Sintra, supporting outreach and local engagement.
Câmara Municipal de Sintra	CONTACT Contact: municipe@cm-sintra.pt Website: cm-sintra.pt/ Location/Country: Largo Dr Virgílio Horta, 2714-501 Sintra	ABOUT The Câmara Municipal de Sintra is the municipal council of Sintra, one of Portugal's largest and most populous municipalities, located in Lisbon. It is responsible for local governance, urban planning, education, social services, culture, and environmental management, including the stewardship of the UNESCO World Heritage-listed Sintra Cultural Landscape. The municipality is actively engaged in health promotion, social inclusion, and community gardening initiatives that bring residents together and foster a stronger connection to sustainable and healthy living.	ROLE IN THE PROJECT Câmara Municipal de Sintra acted as a key stakeholder in the project, hosting a dedicated session for the presentation and discussion of preliminary results during the Tool4MEDLife mid-term meeting held in Lisbon in February 2025. The visit also included a trip to a local school, where the Tool4MEDLife team had the opportunity to experience a healthy school lunch firsthand and explore the stunning Sintra landscape.
Associação Vida Abundante	CONTACT Contact: geral@ava.org.pt Website: www.ava.org.pt/ava/ Location/Country: Rua Dr. João Gomes Patação 26, 1885-037 Moscavide	ABOUT Associação Vida Abundante is a private social solidarity institution of public utility, founded in Lisbon in 1990. It provides a wide range of social services, including early childhood education, after-school support, a day centre for older adults, and home care services. Through its various programmes, Associação Vida Abundante promotes well-being, social inclusion, and solidarity within the local community, supporting individuals from early childhood through to old age.	ROLE IN THE PROJECT Associação Vida Abundante was involved in the data collection of WP2, contributing data from both children and older adults and supporting the project's intergenerational research approach.
Junta de Freguesia do Parque das Nações	CONTACT Contact: sara.pestana@jf-parquedasnacoes.pt Website: www.jf-parquedasnacoes.pt/ Location/Country: Alameda dos Oceanos 37 B, 1990-203 Lisboa	ABOUT The Junta de Freguesia do Parque das Nações is the local governing body of Parque das Nações, Lisbon's modern riverside neighbourhood, developed in connection with the EXPO '98 World Exhibition. It manages local services, green spaces, social support, and cultural activities for its residents, and has been actively involved in community programmes targeting active ageing and social inclusion.	ROLE IN THE PROJECT The Junta de Freguesia do Parque das Nações actively contributed to the data collection of WP2 through the participation of its workers. The Tool4MEDLife project was also welcomed at the parish's Family Day celebrations, where food education activities were carried out and the project was introduced and disseminated to the wider local community, reaching residents of all ages in a festive and engaging setting.

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Auchan	CONTACT Contact: catiaalexandra.miguel@ auchan.pt Website: www.auchan-retail.pt/ Location/Country: Estrada de Paço de Arcos 48, 2770-129 Paço de Arcos	ABOUT Auchan is a major French multinational retail group with a strong presence in Portugal, operating across the country as one of its leading distribution companies. Beyond its commercial activity, Auchan has developed the "Vida Saudável" programme, a long-standing internal and community initiative structured around three pillars: eating better, moving more, and taking care of oneself. Initially implemented among its own workforce, the programme reflects a broader institutional commitment to promoting healthier lifestyles, informed food choices, and well-being, both within the company and in the communities it serves.	ROLE IN THE PROJECT Auchan contributed to the data collection of WP2, with the active participation of its workers.
Instituto de Gestão Financeira / da Educação	CONTACT Contact: geral@igefe.medu.pt Website: www.igefe.mec.pt/ Location/Country: Avenida 24 de Julho n.º 134 3.º/5.º andar, 1399- 029 Lisboa	ABOUT The Instituto de Gestão Financeira da Educação is a Portuguese public institute responsible for the financial management and strategic planning of the Ministries of Education and of Science, Technology and Higher Education. It oversees the allocation and management of educational budgets and the development of integrated information systems for the education sector, playing a key role in ensuring the efficient and transparent use of public resources in education.	ROLE IN THE PROJECT The institute participated in the data collection of WP2. Food education and Mediterranean Diet-promoting activities were also held with staff, focusing on promoting healthy eating habits in the workplace.
Mota-Engil ATIV	CONTACT Contact: ana.anselmo@ativ.pt Website: www.ativ.pt/ Location/Country: Avenida Cidade de Alverca, Edifício. Alverca Park, piso 2 2619-501 Alverca do Ribatejo	ABOUT Mota-Engil ATIV is a brand within the Mota-Engil Group, specialising in asset management, maintenance, and environmental services. Aligned with the energy transition agenda and best practices in environmental sustainability and decarbonisation, the company promotes the efficient performance of its clients' assets with a strong focus on energy, water, and carbon efficiency. Placing both its clients and its people at the heart of its mission, Mota-Engil ATIV is committed to valuing assets and fostering the well-being of its workforce, while contributing to a more sustainable future.	ROLE IN THE PROJECT Mota-Engil ATIV was involved in the data collection of WP2. Food education and Mediterranean Diet-promoting activities were also carried out with employees, with a particular focus on debunking common myths around healthy eating.
Centro Social e Paroquial de São João de Brito (Alvalade)	CONTACT Contact: geral@cpsjbrito.com Website: www.paroquiasjbrito.pt/ centro-paroquial Location/Country: Largo Frei Heitor Pinto, 8 1700-204 Lisboa	ABOUT Centro Social e Paroquial de São João de Brito is a private social solidarity institution founded over 50 years ago by the Parish of São João de Brito in the Alvalade neighbourhood of Lisbon. It provides a comprehensive range of social services, including a day centre, residential care for older adults, home support, a senior academy, food aid, and a kindergarten. Through its work, the centre promotes dignity, autonomy, and social integration for the most vulnerable members of the community.	ROLE IN THE PROJECT The centre participated in the data collection of WP2. A Mediterranean Diet-promoting session was also held with older adult participants, encouraging awareness of healthy and sustainable dietary habits as a cornerstone of healthy ageing.

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Universidade Sénior Briosos de Alvalade	CONTACT Contact: universidade.senior. alvalade@jf-alvalade.pt Website: jf-alvalade.pt/category/ universidade-senior/ Location/Country: Rua Carlos Mayer n.º 2 Piso -1, 1700-112 Lisboa and Rua Mem de Sá 8, 1600-168 Lisboa	ABOUT The Universidade Sénior Briosos de Alvalade is a senior learning institution run by the Junta de Freguesia de Alvalade, in the Alvalade neighbourhood of Lisbon, offering a diverse and stimulating curriculum to adults aged 55 and over. Through a wide range of subjects, from basic computer skills and English to Arraiolos embroidery, creative sewing, Pilates, and Yoga, it fosters lifelong learning, creativity, and meaningful social connections. The institution plays a vital role in promoting active ageing, personal fulfilment, and combating isolation among the senior population in the local community.	ROLE IN THE PROJECT The institution was involved in the data collection of WP2, contributing data from its older adult population.
Universidade Alcântara Sénior	CONTACT Contact: Patrícia Cara d'Anjo patricia.caradanjo@jf- alcantara.pt Website: www.jf-alcantara.pt/ servicos/comunidade- senior/ Location/Country: Rua das Açucenas 1 Loja B, 1300-012 Lisboa	ABOUT The Universidade Alcântara Sénior is a social initiative run by the Junta de Freguesia de Alcântara, founded in 2009 and open to all adults over the age of 55. Offering around 40 subjects across multiple areas of knowledge, it promotes healthy and successful ageing through learning, knowledge-sharing, and community participation. The institution has twice been awarded the "Pro-Ageing Communities" seal by the Portuguese Order of Psychologists, recognising its contribution to active and engaged senior life.	ROLE IN THE PROJECT The institution participated in the data collection of WP2. A Mediterranean Diet-promoting session was also held with students, encouraging awareness of healthy and sustainable dietary practices among older adults.
Centro dia da Junta de Freguesia do Parque das Nações	CONTACT Contact: Sara Pestana, sara.pestana@jf- parquedasnacoes.pt Website: www.jf-parquedasnacoes. pt/autarquia/26- equipamentos/133 Location/Country: Rua Padre Joaquim Alves Correia, Lote 4 D e E, 1800-292 Lisboa	ABOUT The Centro de Dia da Junta de Freguesia do Parque das Nações is a social response initiative of the Junta de Freguesia do Parque das Nações, designed for retired or pre-retired individuals aged 60 and over. It offers a supportive, stimulating day-care environment aimed at improving quality of life, preventing social isolation, and promoting the autonomy and integration of older residents within their local community.	ROLE IN THE PROJECT The day centre was involved in the data collection of WP2, contributing data from its older adult population.
Projeto RADAR	CONTACT Contact: lisboacomvida@scml.pt Website: lisboacomvida.scml.pt/ projetos/projeto-radar/	ABOUT Projeto RADAR is a pioneering community-based intervention project developed under the programme "Lisboa, Cidade COM VIDA Para Todas as Idades", led by the Santa Casa da Misericórdia de Lisboa in partnership with Lisbon City Council and multiple institutions. Focused on adults aged 65 and over who are at risk of social isolation and loneliness, the project promotes more supportive and communicative neighbourhoods through volunteer networks, awareness campaigns, and direct community engagement.	ROLE IN THE PROJECT Projeto RADAR contributed to the data collection of WP2, leveraging its community networks to engage older adults at risk of isolation in the project's research activities.

INSTITUTION	COUNTRY & CONTACTS (PREFERRING WEBSITE AND CERTIFIED CONTACTS)	BRIEF DESCRIPTION	PROJECT ACTIVITY INVOLVEMENT
Associação de Apoio Social Nossa Senhora da Assunção (AISA)	CONTACT Contact: geral@aisaipss.pt Website: www.aisaipss.pt/ Location/Country: Rua de Cascais 877, 2755-162 Alcabideche	ABOUT AISA is a private social solidarity institution based in Malveira da Serra, Cascais, providing a broad range of social and health services to support families, people with disabilities, and older adults in the local community. Its offer includes a day centre, home support, childcare, youth activities, and specialised therapies such as speech therapy, physiotherapy, and psychology, with a strong emphasis on well-being, inclusion, and the support of vulnerable groups.	ROLE IN THE PROJECT AISA was involved in the data collection of WP2. A session focused on promoting adequate water intake was also held with older adults, raising awareness of hydration as a key component of healthy ageing.
Centro Social da Paróquia de N.ª S.ª da Conceição de Abóboda - Casa de Talaíde (CESPA)	CONTACT Contact: geral@cespa.org.pt Website: www.cespa.org.pt/pt-pt.aspx Location/Country: Estrada de Talaíde, largo da igreja, Talaíde, 2785-733 São Domingos de Rana	ABOUT CESPA is a private social solidarity institution based in São Domingos de Rana, Sintra, providing social services across the localities of Talaíde, Conceição de Abóboda, and Abóboda. Its activities include nursery, pre-school, after-school care, a community centre, with ongoing expansion into older adults day care and home support services. The institution is committed to supporting families and promoting social cohesion across the life course.	ROLE IN THE PROJECT CESPA participated in the data collection of WP2. A Mediterranean Diet-promoting session was also held with older adult participants, encouraging healthier and more sustainable eating habits within the community.

CROATIA — IAC

11 ORGANISATIONS

INSTITUTION	COUNTRY & CONTACTS (PREFERRING WEBSITE AND CERTIFIED CONTACTS)	BRIEF DESCRIPTION	PROJECT ACTIVITY INVOLVEMENT
Primary school / GRIGOR VITEZ	CONTACT Contact: zdravstveni.voditelj@dv-grigorvitez.hr Website: dv-grigorvitez.hr/ Location/Country: Split, Croatia	ABOUT Primary education institution based in Split, involved in early childhood education and local educational activities.	ROLE IN THE PROJECT Food education and Mediterranean Diet-promoting activities were also carried out with kids, reinforcing the school's commitment to healthy lifestyles.
Primary school Cvit mediterana	CONTACT Contact: PRINCIPAL Endica Radić Hozo Šime Ljubića 22 21000 SPLIT CROATIA	ABOUT Primary school in Split focused on elementary education and student development within the local Croatian education system.	ROLE IN THE PROJECT Food education and Mediterranean Diet-promoting activities were also carried out with kids, reinforcing the school's commitment to healthy lifestyles.

INSTITUTION	COUNTRY & CONTACTS (PREFERRING WEBSITE AND CERTIFIED CONTACTS)	BRIEF DESCRIPTION	PROJECT ACTIVITY INVOLVEMENT
Elementary school SPLIT 3	CONTACT n/p principal: Jure Kunac Bruna Bušića 6 21000 Split CROATIA	ABOUT Public primary school providing general education services to children in the Split area.	ROLE IN THE PROJECT The school participated in the data collection of WP2. Food education and Mediterranean Diet-promoting activities were also carried out with students, reinforcing the school's commitment to healthy lifestyles.
High School Braća Radić 11	CONTACT n/p principal: Marija Kezele Put poljoprivrednika 5 21216 KAŠTEL ŠTAFILIĆ, NEHAJ CROATIA	ABOUT Secondary school offering vocational and general education programs, contributing to youth training and skills development.	ROLE IN THE PROJECT The school participated in the data collection of WP2. Food education and Mediterranean Diet-promoting activities were also carried out with students, reinforcing the school's commitment to healthy lifestyles.
Prirodoslovna Škola Split	CONTACT Contact: ravnatelj@prirodoslovna.hr Website: www.prirodoslovna.hr/ Location/Country: Split, CROATIA	ABOUT Specialized science high school focused on natural sciences education and laboratory-based learning activities.	ROLE IN THE PROJECT The school participated in the data collection of WP2. Food education and Mediterranean Diet-promoting activities were also carried out with students, reinforcing the school's commitment to healthy lifestyles.
High School / Iii. Gimnazija	CONTACT Website: trema.hr/ Location/Country: Split, CROATIA	ABOUT A general secondary school providing academic education with a strong focus on preparing students for higher education.	ROLE IN THE PROJECT The school participated in the data collection of WP2. Food education and Mediterranean Diet-promoting activities were also carried out with students, reinforcing the school's commitment to healthy lifestyles.
Elementary school TRILJ	CONTACT Contact: Professor Ivana Maric Zerdun, imzerdun@gmail.com Website: os-trilj.skole.hr/ Location/Country: Trilj, CROATIA	ABOUT Public primary school serving the local community of Trilj, offering standard elementary education programs.	ROLE IN THE PROJECT The school participated in the data collection of WP2. Food education and Mediterranean Diet-promoting activities were also carried out with students, reinforcing the school's commitment to healthy lifestyles.
University of Dubrovnik, / Institute for Mediterranean Plants	CONTACT Contact: mara.maric@unidu.hr Website: www.unidu.hr/zmk/ Location/Country: Dubrovnik, CROATIA	ABOUT Research institute focused on Mediterranean plant species, biodiversity, and related scientific studies in the Adriatic region.	ROLE IN THE PROJECT The institution participated in the data collection of WP2. A Mediterranean Diet-promoting session was also held with students, encouraging awareness of healthy and sustainable dietary practices among older adults.

INSTITUTION	COUNTRY & CONTACTS (PREFERRING WEBSITE AND CERTIFIED CONTACTS)	BRIEF DESCRIPTION	PROJECT ACTIVITY INVOLVEMENT
Olive Growers Association Sv. Špirijun, Svirče	CONTACT Location/Country: Jelsa, CROATIA	ABOUT Local agricultural association of olive producers, supporting traditional olive cultivation and production practices.	ROLE IN THE PROJECT This association of olive oil producers is involved in providing extra virgin olive oil used for the preliminary trials for obtaining fortified EVOOs under WP3 activities, supporting the project's market prospects (WP5)
Orgula Grupa D.o.o.	CONTACT Contact: G. PJERO ZEKAN pjero@orgula.hr Website: Orgula Location/Country: Split, CROATIA	ABOUT Agricultural and food production company specializing in olive oil production and related products.	ROLE IN THE PROJECT Support the project's market prospects (WP5)
Brachia Pz	CONTACT Contact: G. Leopold Botteri Put sv. Roka 21 21600 SUPETAR CROATIA	ABOUT Producer organization involved in olive oil production and agricultural cooperation among local growers.	ROLE IN THE PROJECT This association of olive oil producers is involved in providing extra virgin olive oil used for the preliminary trials for obtaining fortified EVOOs under WP3 activities, supporting the project's market prospects (WP5)